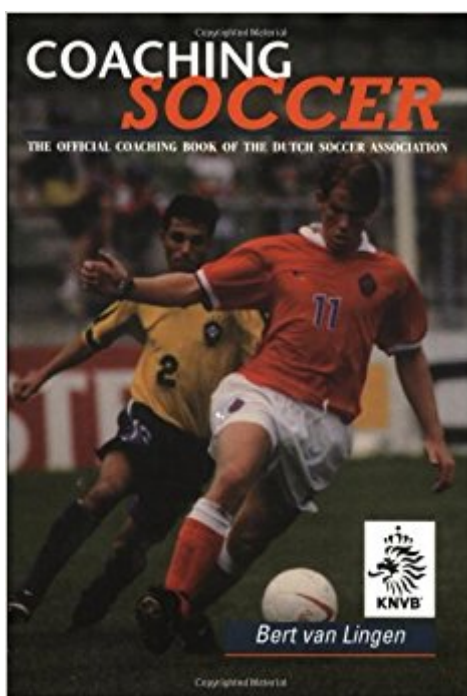


The book was found

# Coaching Soccer: The Official Coaching Book Of The Dutch Soccer Association



## Synopsis

This book is used throughout Holland as the foundation for coaching soccer. Chapters include: What is Coaching?, Reading the Game, The Dutch Concept, Teaching Techniques, What is 4v4?, Why 7v7?, Goalkeeper Training. The emphasis throughout is on the creation of optimal learning situations.

## Book Information

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## Customer Reviews

For coaching youth soccer ages U15 and younger this is all you need, seriously! Especially for those of us in the US where soccer is not as ingrained in our sporting culture as it is in the rest of the world. People here do not have the innate understanding of the game. The game is simple and complex at the same time, this book really clears up the areas a coach needs to focus on. There are some chapters that are not essential (about running a club or tournament), the middle is great. The brilliant part of this book is breaking the game down to mini size drills: 1v1, 2v1, 3v2, etc but no bigger than 4v4 to focus on attacking or defending. The key is 4v4 and smaller: every kid getting lot's of touches in real soccer situations (there's no standing in lines and dribbling thru cones in a real game). Also what to watch for and what to do when you see it is great for ideas and helping a coach solve the problems you see your team exhibit. I have read the US coaching manuals as required for getting my coaching licenses (free PDF's from US Soccer) and they just miss the mark, though they have some good info. I also thumb through every coaching book I see and they are usually ridiculously complex and not helpful at all. I had the benefit of growing up with a father from England that was a huge fan of the Dutch style of play and loathed the English long ball style. He also was one of a handful of people (in my hometown) that knew anything about the game, so he was the local guru of soccer coach, but also watching soccer matches with him allowed me to catch

on to the points of the game that people in the US just don't see, so I "get it" more than a lot of other soccer people in the US. I coached my kids teams for 10+ years without reading any coaching books but when one of my kids started playing at a higher level I needed better resources as a coach. I know many coaches that have read loads of coaching books and have taken coaching clinics but no clue how the game really works. Well intended but mis-guided, when I found this book it was like the Holy Grail of coaching. I think all that is needed is this book (and having kids play futsal as much as possible)

This book is the official coaching manual of the Dutch FA. The Dutch are well-known for their youth development programs, tactics, and excellent teams, including the dynamic teams of the early 1970's, total soccer, Ajax, etc. They have refined the identification and development of soccer talent into an art form, and in this book, you can get some nice pointers about how to do that. This book will not give you exercises to improve dribbling, shooting, or controlling the ball, nor does it describe specific techniques. Rather, the Dutch method is to create game-like situations, centered on a limited number of basic games, particularly 4 v. 4 games. Indeed, the book repeatedly cautions coaches to use other drills sparingly. Most interestingly, within the games presented in the book, there is a detailed description of various problems a coach may observe ("what a coach sees"), coupled with solutions ("what the coach does/says). By paging through the games presented and the problems identified by the coach, the manual provides a roadmap to developing training sessions. This book is hands-down one of my favorite coaching books, along with Horst Wein's *Developing Youth Football Players*. I suspect it would be most useful for a coach to have had a decent amount of experience playing soccer, since the methods described in it focus largely upon a coach making observations and then implementing a plan to address those observations. In all, the author's knowledge of child development coupled with soccer really make this a must-read.

There is a reason why so many dutch coaches are extraordinarily successful. This book is a timeless soccer coaching bible.

Comprehensive book on "total soccer". I bought it as the parent of a youth player, helpful for him and me. If you wonder about the methods and concepts behind training a team like Barcelona, this gives us some insight.

considering that there are so many books on the markets, i think this book tends to offer much much

more, it helps with understanding what is required and how to achieve the desired goals, the approach towards coaching is also illustrated in a more practical and logical way thus ensuring that maximum benefit to the players as well as the coach

great resource

One of the best coaching books on the Market. It doesn't look fashionable but it has some fantastic information and insight inside. Great read.

And you also need the INSIGHT.

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